## Youth Ministry- October 8, 2023

## Agenda

11:30am	Lunch- Macaroni & Cheese
12:00 pm	Welcome, opening prayer (5 minutes)
	Attendance
	Small Group Activity- Get to Know You (15 minutes)
	Lesson: Man's Response (10 minutes) (topics listed below)
	Small Group Activity and Discussion (15 minutes)
	Lesson connection & Closing Comments (5 minutes)
12:55 pm	Closing Prayer

## Small Group Activity- Goofy Get to Know You

### Materials

• Slips with questions

## Instructions

- Each person takes a slip with a question on it. These are intentionally goofy questions. Each question is numbered.
- Following the number order, each participant will read their question out loud and answer it in the following format:
  - My name is FIRST LAST. Answer the question.
  - Example: My name is POLLY POCKET and my GO TO DANCE MOVE IS THE DAB.
- The next person in line will introduce themselves and answer their question. Followed by introducing each person who has already gone, in reverse order, by first name and share their answer.
- The first person will also be the last person.
- If time allows, continue around the circle sharing something about yourself to get to know your group more... favorite colors, favorite seasons, least favorite chores, etc.

## Discussion

• No discussion questions, this leads into the lesson

## **Lesson Topics**

Revealed Faith (<u>CCC 142-143</u>)

- God invites us to respond to his Existence and Revelation
- Man's response to the invitation is Faith
- Faith is submission of intellect and will completely, this is called the obedience of Faith.

I Believe (<u>144-165</u>)

Obedience of Faith (<u>144-149</u>)

- Abraham
- Mary

I know whom I have believed (150-152)

- Believe in God alone
- Believe in Jesus Christ, the Son of God
- Believe in the Holy Spirit
- The Characteristics of Faith (153-165)
  - Faith is a Grace
  - Faith is a Human Act
  - Faith and Understanding
  - Freedom of Faith
  - Necessity of Faith
  - Perseverance in Faith
  - Faith

We Believe (<u>166-184</u>)

Lord look upon the faith of your Church (168-171) Only One Faith (172-184)

## **Small Group Activity & Questions**

Small Group Leader reads the Nicene Creed and Apostles Creed

Using their worksheets, have the students circle words or phrases that they 100% believe in themselves.

#### Discussion Question: What is one thing that you circled and why?

Have the students choose either the Nicene Creed or the Apostles Creed as a guide. The students should write their own creed. What do they believe in. It could include faith, secular, and/or familial beliefs. The point is to help the students name what they believe in and hold as truth. Give them 5 minutes to work on it. They are not expected to finish.

Discussion Question: What did you find hardest about this activity?

**Discussion Question:** Relating this activity to our lesson, how do you follow in obedience of this faith in your daily life?

Discussion Question: Who do you look to as an example of how to live your personal creed?

**Discussion Question:** How do you define faith? How does your definition of faith help you to live out your personal creed?

**Discussion Question:** Has your creed been challenged? How have you been tempted to disobey your creed? How did you respond?

**Student Challenge:** Complete your creed and hang it in a place you can see often. Read it frequently to help you remember what you believe in and help you defend it in your life.

# NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate. he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

# **APOSTLES CREED**

the Father almighty, Creator of heaven and earth. and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified, died and was buried: he descended into hell: on the third day he rose again from the dead; he ascended into heaven. and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

I believe in God.

Amen.

#### Lesson Notes

- Complete submission of Intellect and Will to God. This is the obedience of faith.
- Our parents teach us the faith
- Act of Man is something we don't have control over, like breathing At night you examine your conscience. This is how God reveals himself to us.
- God used Baptism to infuse the faith in you. When you are Baptized you are given the gift of faith. Because you trust God, who is fully trustworthy, you have faith.
- It's not enough to do just that. You need to make choices to keep trusting him'
- Have you ever experienced something in your life that has caused you to question if you can trust God?
- That moment when we question if we can trust God is meant to move us deeper. This questioning is a good thing. The same why a little kid will ask their parents questions all the time.
- We have to be able to ask the questions. You are able to ask questions and think things out so your faith will deepen. Your trust in God will grow.
- Everything God puts in our lives is intended to deepen your faith.
- Imagine a child trying to learn how to ride a bike. The parent eventually lets go of the bike.
- There is a prayer called the Act of Faith. We can pray it each day.
- Abraham is told to travel from his house and travel where I show you.
  - $\circ$  God told him to leave his family behind and go to a place that I will show you
    - He doesn't tell him where to go or how to know
    - Your descendants will be as numerous as the sands and stars in the heavens even though he has no children now
    - Then God changes his name to "Father of Nations"
    - Abraham brings his son to his son Isaac but the God stops him
    - He does all of this trusting God will fulfill his promise
- Mary does this perfected.
  - You'll have a son and will name him Jesus
  - You son will be called "holy and son of God"
- We pray though Mary and the Saints to help us follow in faith.
- How do we know God wants to be friends with us?
  - He sent us Jesus
  - God became like us in all ways expect sin
  - So we can live with him forever
- Faith and Science cannot contradict each other
  - Science is about things of this world
  - Faith is about all things together
- You should have been able to talk about what the faith means to you in your small group
  - Every time the Church gets together to discuss the faith, She makes a list of things She believes.
  - What is the list of things that the Church believes
    - Nicene Creed
    - Apostles Creed
  - $\circ$  This is what we get after we have a discussion about things that we believe in
- When you go home today, sometime this week, sit down and read the Nicene or Apostles Creed and write your own Creed as long as it follows what the Church teaches
- What does this mean to me?

- o If you don't know what Consubstantial means, look it up
  - It means "of the same substance"
  - There is only God, in 3 persons, of the same substance
- o What do I believe about God the Father, Holy Spirit, The Church, saints, etc
- Learned in small group
  - Writing your own creed it hard
  - When you read the prayers you can see the truth behind it
  - Everyone has doubted God at one point or another
    - We can all struggle with God
    - There is no reason to be ashamed
    - We have to keep trusting him and let God be God
    - We have to wait patiently to allow God to work
- Prayer can be selfish asked only for what I want. When I turn it over to God and hold nothing back, that is when God can reveal your plan to you more clearly.

#### Questions

Is Mary all knowing? No.

Why do we pray through her? Things are revealed to her about her son.

What does Consubstantial mean? "With substance, they are made from the same material"

Do people still do extreme things like he did in the bible today? Yes, but it is a journey

How do you discern what God is calling you to do? How do you know that it is God that is asking you and not personal desires?

Has Father ever performed an exorcism? Yes, every time someone is baptisms. These are ordinary exorcism. Father has only performed ordinary. Extraordinary Exorcisms are handed by priests who have been trained for a long time.

Why do you bow in the Creed at the certain part?