

Planning Lent Intentionally



St. Joseph Catholic Church
Pewamo, Michigan
989-593-3440
Stjosephpewamo.org



What is Lent?

Lent is meant to be a time of repentance. These 40 days are set aside to praise and worship the Lord; to read the Bible more, and to pray more often. Christians who observe Lent correctly anticipate deeper intimacy with the Lord.

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. Contemplate

the meaning and origins of the Lenten fasting tradition in this reflection. In addition, the giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Rite of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

<https://www.usccb.org/prayer-worship/liturgical-year/lent>



How to use this guide

We have attempted to make a fully comprehensive plan of events at St. Joseph Parish to help you prepare for and actively participate in Lent this year. This booklet contains a full calendar, descriptions of events, and articles to help you enter more deeply.

Step-by-Step to Plan Your Lent

- Start with prayer!
- Read through the descriptions of the events being offered.
- Take a look at the calendar and circle or highlight the events and opportunities you plan to participate in.
- Make notes in your personal calendar so you don't miss out!
- Take time to enter into prayer and reflection to help you purposefully plan your Lent.
- Reach out to the Parish Office with any questions.

LENT
WE CAN THINK OF **LENT**
..... as a time to
ERADICATE EVIL OR CULTIVATE VIRTUE
a time to
pull up weeds or
plant good seeds
WHICH IS BETTER IS CLEAR,
for the Christian ideal
IS ALWAYS
POSITIVE RATHER THAN NEGATIVE.
catholicALLYEAR.com -VEN. FULTON J. SHEEN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March 2022						
6 7:30a LOH 8:00a Mass 9:30a LOH 10:00a Mass 11:30a Rosary & Prayer Teams	7 6:00a Confessions & Adoration 8:00a Mass	8 Tuesday Adoration 5:00p Confessions 6:30p Mass	9 8:00a Mass 5:00p Confessions	10 6:15a Mass 2:00p Adoration & Confessions 6:00p Lent Speaker	11 10:30a Confessions & Adoration 11:30a Rosary 12:00p Mass 6:00p Stations & Supper	12 3:30p Confessions & Adoration 4:00p Liturgy of the Hours (LOH) 4:30p Mass
13 7:30a LOH 8:00a Mass 9:30a LOH 10:00a Mass	14 6:00a Confessions & Adoration 8:00a Mass	15 Tuesday Adoration 5:00p Confessions 6:30p Mass	16 8:00a Mass 5:00p Confessions 7:00p Holy Hour for Traveling St. Joseph	17 6:15a Mass 11:30a Parish Luncheon 2:00p Adoration & Confessions 6:00p Lent Speaker	18 10:30a Confessions & Adoration 11:30a Rosary 12:00p Mass 6:00p Stations & Supper	19 Feast of St. Joseph 9:00a Adult Retreat 3:30p Confessions & Adoration 4:00p Liturgy of the Hours (LOH) 4:30p Mass
20 7:30a LOH 8:00a Mass 9:30a LOH 10:00a Mass 6:15p Living Stations	21 6:00a Confessions & Adoration 8:00a Mass	22 Tuesday Adoration 5:00p Confessions 6:30p Mass	23 8:00a Mass 5:00p Confessions	24 6:15a Mass 2:00p Adoration & Confessions 6:00p Lent Speaker	25 10:30a Confessions & Adoration 11:30a Rosary 12:00p Mass 6:00p Stations & Supper	26 3:30p Confessions & Adoration 4:00p Liturgy of the Hours (LOH) 4:30p Mass
27 7:30a LOH 8:00a Mass 9:30a LOH 10:00a Mass	28 6:00a Confessions & Adoration 8:00a Mass	29 Tuesday Adoration 5:00p Confessions 6:30p Mass	30 8:00a Mass 11:00a Prayer Vigil 5:00p Confessions	31 6:15a Mass 5:00p Light is On For You! 6:00p Lent Speaker		

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April 2022						
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10 Palm Sunday 7:30a LOH 8:00a Mass 9:30a LOH 10:00a Mass	11 Holy Week 6:00a Confessions & Adoration 8:00a Mass	12 Holy Week Tuesday Adoration 7:00p Chrim Mass Livestream	13 Holy Week 8:00a Mass 5:00p Confessions	14 Holy Thursday 6:00p Adoration 6:00p Lent Speaker 7:00p Mass	15 Good Friday 2:00p Stations of the Cross 3:00p Divine Mercy Novena 3:30p Good Friday Service	16 Holy Saturday 10:00a Blessing of the Baskets 3:00p Divine Mercy Novena
17 Easter 8:00a Mass 10:00a Mass 3:00p Divine Mercy Novena	18 3:00p Divine Mercy Novena	19 Tuesday Adoration 3:00p Divine Mercy Novena 6:30p Mass	20 3:00p Divine Mercy Novena 8:00a Mass	21 11:30a Parish Luncheon 3:00p Divine Mercy Novena	22 10:30a Confessions & Adoration 11:30a Rosary 12:00p Mass 3:00p Divine Mercy Novena	23 10:00a Egg Hunt 3:30p Confessions & Adoration 3:00p Divine Mercy Novena 4:30p Mass
24 Divine Mercy 8:00a Mass 10:00a Mass 1:00p First Communion 3:00p Divine Mercy Novena	25 6:00a Confessions & Adoration 8:00a Mass	26 Tuesday Adoration 5:00p Confessions 6:30p Mass 7:30p 33 Days to Morning Glory	27 8:00a Mass 5:00p Confessions	28 6:15a Mass 2:00p Adoration & Confessions	29 10:30a Confessions & Adoration 11:30a Rosary 12:00p Mass	30 3:30p Confessions & Adoration 4:30p Mass

Liturgy

A Liturgy is an official public worship of the Church and is distinguished from private devotions. From a theological viewpoint, the liturgy is the exercise now on earth of Christ's priestly office, as distinct from his role as teacher and ruler of his people. Christ performs this priestly office as Head of his *Mystical Body*, so that Head and members together offer the sacred liturgy. Its function, therefore, is twofold: to give honor and praise to God, which is worship, and to obtain blessings for the human race, which is sanctification. (Etym. Latin *liturgia*; from Greek *leitōs*, of the people + *ergon*, work: *leitourgia*, public duty, public worship.)



➤ Liturgy of the Hours (LOH)

The Liturgy of the Hours is the official daily prayer of the Church, marking the hours of each day and sanctifying the day with prayer. The Hours are a meditative dialogue on the mystery of Christ, using scripture and prayer.

LOH is comprised of a four-week cycle of the psalms, biblical readings and songs, prayers of intercession, blessings, and other readings from spiritual writings, separated into morning, evening, daytime, and night prayer, and an office (collection) of readings.

LOH is led by Fr. Darrel directly before Mass each weekend of Lent

➤ Adoration

The *Catechism of the Catholic Church* states that "Adoration is the acknowledgement of God as God, creator and savior, the Lord and master of everything that exists as infinite and merciful love." (CCC #2096) "Adoration is homage of the spirit to the King of glory, respectful silence in the presence of the ever greater God." (CCC #2628)

Adoration is offered

- Every time Confessions are offered
- Every Tuesday from 6a-6p
- Every First Friday of the month from 10:30a-midnight

➤ Stations of the Cross

The Stations of the Cross, also known as the Way of the Cross or Via Crucis, commemorate Jesus's passion and death on the cross. There are 14 stations that each depict a moment on his journey to Calvary, usually through sacred art, prayers, and reflections. The practice began as pious pilgrims traced his path through Jerusalem on the Via Dolorosa.

Stations of the Cross is led by Fr. Darrel in the Church.

Stations are offered

- Every Friday of Lent followed by a Community Supper
- 2:00 pm Good Friday

Liturgy



➤ Prayer Teams

St. Joseph Prayer teams offer all people the opportunity to get prayed with and have their intercessions prayed for by members of the team.

The first Sunday of every month, following the Rosary, prayer teams are available in the church.

Prayer teams will also be available before and following the Healing Mass on Tuesday, March 1 at 6:30p

**"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us."
~1 John 5:14**

➤ Livestream Chrism Mass

Tuesday, April 12, 7:00 pm

The Chrism Mass is held at the Cathedral of St. Andrew on the Tuesday of Holy Week. This Mass is one of the most solemn and important liturgies of the Church Year.

The Bishop is joined by the priests of the Diocese to celebrate Mass and manifest the unity of the priests with their bishop, most especially through the renewal of the Sacred Promises.

During this Mass the Bishop blesses the oil of catechumens, the oil of the infirm, and holy chrism which are used to celebrate the sacraments throughout the year.

This year St. Joseph Parish is offering an opportunity to come together in communion and watch the livestream of the Mass in the Parish Center.

➤ Good Friday Service

Good Friday is a liturgical observance of Christ's suffering, crucifixion and death which has been observed since the earliest days of the Church.

No Mass (Liturgy of the Eucharist) is celebrated on Good Friday. Good Friday services include the Liturgy of the Word, Intercessory Prayers, Veneration of the Cross and Communion.

Directly before the Good Friday service begins, we will begin the Divine Mercy Novena which will conclude on Divine Mercy Sunday.

**"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life."
~John 3:16**

Devotions

The United States Conference of Catholic Bishops describes devotions as “expressions of love and fidelity that arise from the intersection of one’s own faith, culture and the Gospel of Jesus Christ.” Essential to devotion is readiness to do whatever gives honor to God, whether in public or private prayer (worship) or in doing the will of God (service). A person who is thus disposed is said to be devoted. His devotedness is ultimately rooted in a great love for God, which in spiritual theology is often called devotion.



➤ Rosary

A devotional prayer, mental and vocal, honoring the Blessed Mother of God. It is said on a string of beads made up of five sets each of one large and ten smaller beads, called decades. On the large beads the Our Father is said; on the small ones, the Hail Mary. The full rosary devotion is the fifteen decades, on the joyous, sorrowful, or glorious aspects of Our Lord and Our Lady's life. It is the most popular of all non-liturgical Catholic devotions and has been highly recommended by many popes.

Rosary is offered

- Every Friday at 11:30am
- First Sunday of the Month followed by intercessory prayer teams

➤ Prayer Vigil

- March 30, 11:00am
- St. Joseph Protect Life Ministry is hosting a Prayer Vigil at the abortion facility located at 320 Fulton St., Grand Rapids, MI.
- You may drive yourself and join our group at the clinic or you can contact Ralph Willemin to learn how to join the group that is traveling together from St. Joseph Parish.

➤ Adult Retreat

- March 19, 9:00a-4:30p
- St. Joseph Parish is offering a day retreat to celebrate the Feast of St. Joseph. This retreat is free, registration is required.
- This is a meditative retreat that includes a private viewing of "The Preacher to the Popes" movie and an exclusive small group discussion with the Executive Producer of the film.
- More information available on Page 14 of this booklet.

**"Before I formed you in the womb I knew you,
before you were born I set you apart; I
appointed you as a prophet to the nations."**

~Jeremiah 1:5

Devotions



➤ **Divine Mercy Novena**

The Divine Mercy Novena is a nine day prayer leading up to Divine Mercy Sunday, April 24.

Each day starting Good Friday, April 15, we will pray the Divine Mercy Novena at 3:00 pm.

"I desire that during these nine days you bring souls to the fountain of My mercy, that they may draw therefrom strength and refreshment and whatever grace they have need of in the hardships of life, and especially at the hour of death" (Diary, 1209).



➤ **Blessing of the Baskets**

Saturday, April 16, 10am

Swieconka (Blessing of the Baskets) is one of the most enduring and beloved Polish traditions. Baskets containing a sampling of Easter foods are brought to church to be blessed on Holy Saturday. The basket is traditionally lined with a white linen or lace napkin and decorated with sprigs of boxwood (bukspan), the typical Easter evergreen.

The Easter meal is then blessed offering your family and those who gather in your home the blessing for the upcoming year.



➤ **33 Days to Morning Glory**

33 Days to Morning Glory is a book format Group Retreat. The group meets once weekly and has reading every day for 33 days.

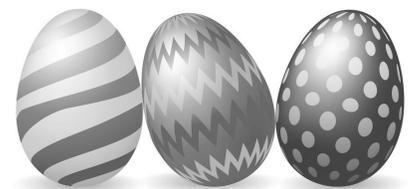
This devotional retreat invites people into a deeper relationship with the Blessed Mother and offers an opportunity to consecrate your life to hers.

Learn more on page 13 of this booklet.

➤ **Easter Egg Hunt**

An Easter Egg hunt is not a devotion, but this fun filled family event will help your family celebrate the Easter Season.

Join us on Monday, April 18, 6-7 pm. Collect eggs from hidden locations around the church and school and bring them back to the pavilion for goodie bags and prizes.



Lent Speaker Events (Thursdays, 6-7pm)

We will be featuring guest speakers every Thursday of Lent leading up to Holy Week. Each speaker will share insight into one of the seven Sacraments of the Church. Join us in deepening your understanding of the Sacraments and how to embrace them daily.



➤ Reconciliation

March 3– Fr. Darrel Kempf



➤ Eucharist

March 10– Fr. Danny Orris



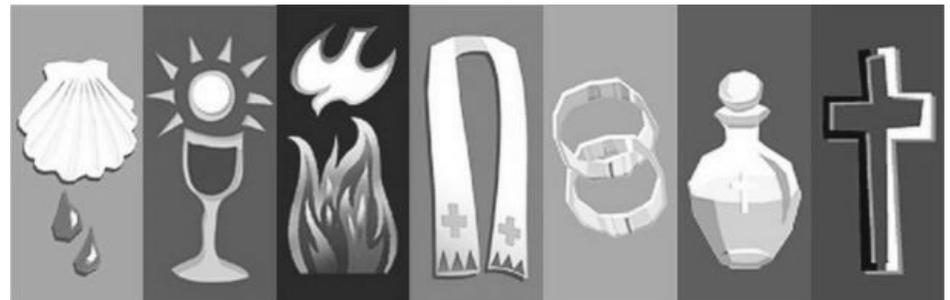
➤ Matrimony

March 17– Dcn Jim Hessler



➤ Anointing of the Sick

March 24– Fr. Peter Lawrence



The Sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us. (CCC #1131)



➤ Baptism

March 31– Ann Frechen



➤ Confirmation

April 7– Fr. Mike Hodges



➤ Holy Orders

April 14– Fr. Darrel Kempf

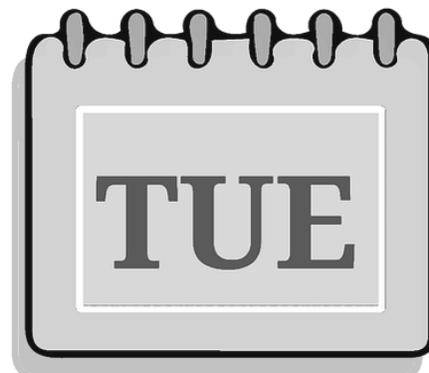
Adoration of the Blessed Sacrament

The importance of Eucharistic Adoration is shown in the fact that the Church has a ritual that regulates it: the Rite of Eucharistic Exposition and Benediction. This is an extension of the adoration of the Blessed Sacrament which occurs in every Mass: "Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb." Exposition of the Blessed Sacrament flows from the sacrifice of the Mass and serves to deepen our hunger for Communion with Christ and the rest of the Church. The Rite concludes with the ordained minister blessing the faithful with the Blessed Sacrament.

Tuesday Adoration

Tuesdays 6:00 am-6:00 pm

Every Tuesday, year-round, St. Joseph Parish offers Adoration of the Blessed Sacrament. Prayer Ministers are scheduled in pairs for each available hour. Anyone is welcome to come and join in Adoring our Lord at anytime though.



First Friday Adoration

10:30 am until Midnight.

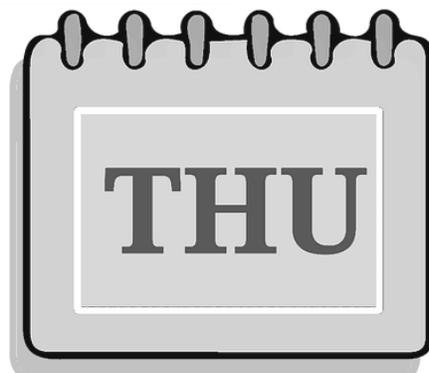
A "First Friday" is a special devotion to the Sacred Heart of Jesus since Jesus died for us and won our salvation on a Friday. Every Friday of the year, and not only the Fridays in Lent, is a special day of penance as stipulated in the Code of Canon Law: "The penitential days and times in the universal Church are every Friday of the whole year and the season of Lent" (Canon 1250).



Holy Thursday Adoration

April 14, 6:00pm—April 15, 3:00am

On the night of Holy Thursday, Eucharistic Adoration of the Blessed Sacrament takes place where the faithful remain in the presence of the Eucharist just as the Disciples kept a vigil with Christ.



Sacrament of Reconciliation (Penance)

Not only does it (the Sacrament of Penance) free us from our sins but it also challenges us to have the same kind of compassion and forgiveness for those who sin against us. We are liberated to be forgivers. We obtain new insight into the words of the Prayer of St. Francis: "It is in pardoning that we are pardoned."

Jesus entrusted the ministry of reconciliation to the Church. The Sacrament of Penance is God's gift to us so that any sin committed after Baptism can be forgiven. In confession we have the opportunity to repent and recover the grace of friendship with God. It is a holy moment in which we place ourselves in his presence and honestly acknowledge our sins, especially mortal sins. With absolution, we are reconciled to God and the Church. The Sacrament helps us stay close to the truth that we cannot live without God. "In him we live and move and have our being" (Acts 17:28).

Regularly Scheduled

6 Days Per Week at varying times

St. Joseph Parish has a very accommodating reconciliation schedule. We offer the sacrament 6 days per week at various times of the day. Private reconciliation is also available by calling the Parish Office.



The season of Lent by its penitential nature is an opportune time for anyone seeking forgiveness to restore and renew their relationship with Jesus through the sacrament of penance.



The Light is ON For You!

March 31, 5:00 pm-8:00 pm

Rediscover God's grace and merciful love through the sacrament of reconciliation. During The Light is ON For You individual confession will be available in most of our churches in the Diocese of Grand Rapids from 5-8 p.m.

➤ Parish Luncheons

March 17 & April 21, 11:30 am-12:30 pm

Our Parish Luncheons are hosted by the Altar Society. Come together as a community of women who share in the common goal of practicing our faith in every day life. Luncheons are held in the Parish Center and do require an RSVP in the back of church.



JOIN US FOR A

33 Days
to
Morning
Glory
Small-Group
Retreat

“I’m so glad I was asked to do this program. It has been a beautiful and powerful moment of grace for me.”

— Fr. Steven, MN

Join us for a 6 week small-group retreat in preparation for Marian Consecration. This retreat is based on the popular book by Fr. Michael Gaitley, MIC, *33 Days to Morning Glory*.

Gain new insights into Marian Consecration, learn how key saints and blessed lived it out, and how you can live it out as well.

Easy As 1-2-3!

- 1. Read**
Read the select readings in the retreat book.
- 2. Ponder**
Ponder the daily reading and questions in the *Retreat Companion*.
- 3. Meet**
Meet regularly with your group.

Led by Diane Thelen

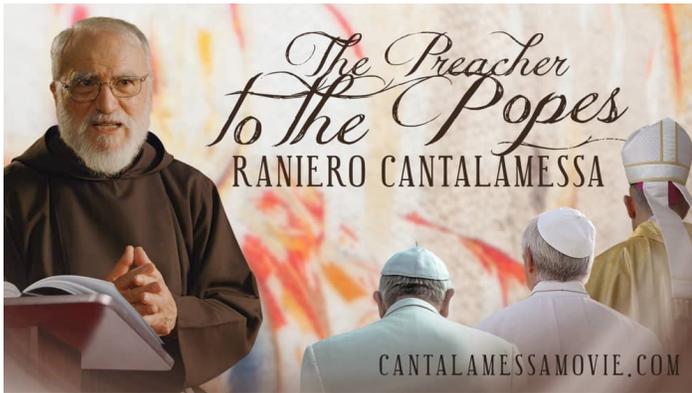
Start Reading on the
Feast of St. Louis DeMontfort (4/28) and
Consecrate on the Feast of the
Visitation of the Blessed Virgin Mary (5/31).
Classes 4/26, 5/3, 5/10, 5/17, 5/24, 5/31

Contact Diane Thelen to learn more
and to register.

The **33 Days to Morning Glory Retreat** is brought to you by Hearts Afire:
Parish-based Programs from the Marian Fathers of the Immaculate Conception (HAPP®).



MARIAN FATHERS OF THE
IMMACULATE CONCEPTION



St. Joseph Feast Day Retreat

March 19, 2022

This retreat is a contemplative and service oriented retreat. Our day will start in meditation and prayer. Late morning we will enter into our service and prepare and serve lunch for St. Joseph's table. The afternoon will be centered around the life of Fr. Raniero Cantalamessa and his inspiration to lead a more purposeful life.

Our retreat has an exclusive offering with a private premiere of the new movie "The Preacher to the Popes" with a Question and Answer with the Executive Producer of the film.

Don't miss this amazing opportunity to come together in prayer, service, and engagement!

More information coming soon! Registration will be required in order to adequately prepare materials and food.

Please contact Nickie Wentworth if you are interested in learning more and/or to sign up.

Lent Requires Reflection

**Book Recommendations
from the Library Committee**

All of these books are available in the Parish Library

Jesus of Nazareth: From the Baptism in the Jordan to the Transfiguration: by Pope Benedict XVI

In this bold momentous work, the Pope seeks to salvage the person as Jesus from today's "popular" depictions and to restore his true identity as discovered in the Gospels.

7 Secrets of the Eucharist: by Flynn, Vinny

The reader of this book will come away with a complete new awareness that the Eucharist is not just about receiving Communion: it's about transforming your daily life.

Eucharist: by Barron, Robert

Barron offers inspiring insights into the mystery of Christ's presence. This fresh look at the Eucharist brings to light the meanings of meal, sacrifice, and real presence in our lives.

On the Eucharist in its Relationship to the Church: by Pope John Paul II

This encyclical is the latest study of the Pope on the theology and importance of the Eucharist.

Jesus and the Jewish Roots of the Eucharist: by Pitre, Brant

Pitre shows throughout this book that Jesus' announcement and institution of the Eucharist is in accord with what most probably have been the religious expectations of many of his contemporaneous Jews.

This is only a sample of the many books that the Library Committee has available in the Parish Library. Need help deciding? The Parish Library has scheduled office hours with Kelly Kowatch, librarian, available to answer questions and help make recommendations.

Healing Mass

March 1 5:30-7:30 pm

We are offering a Healing Mass with Intercessory Prayer teams and the sacrament of the sick included as part of Mass. Prayer teams are available starting at 5:30 pm, Mass will begin at 6:30 pm and prayer teams will be available following Mass as well.

Join us for this amazing evening filled with prayer and the beauty of the Sacraments!



Stations & Supper

Each Friday during Lent we will be offering Stations of the Cross, in the church, followed by a supper provided by one of our groups or ministries in the KC Room. Suppers are decided by each group but will feature a meatless meal.

Stations starts at 6:30pm.

Come walk the journey of Christ's Passion and join us to share in community!

Watch for more information!



Living Stations

March 20, 6:15 pm

The Protect Life Ministry will be offering a living stations of the cross performance in the Activity Center. This dramatic performance will help you embrace the emotions and struggles that were present during the Passion of our Lord.

Don't miss this powerful event!





Veneration of Traveling St. Joseph Icon

Flowing from the Year of St. Joseph declared by Pope Francis, and inspired by his apostolic letter *Patris Corde*, comes our new Pilgrim Icon Program in honor of St. Joseph.

Devotion to St. Joseph was understandably slow to develop in the history of the Church. The “just man,” whom God chose to protect, defend and raise the most precious of his gifts to humanity had not a word of his recorded in Scripture. Tradition tells us that our Lord’s foster father died — likely with Jesus and Mary at his side — even prior to Jesus beginning his public ministry.

St. Joseph carried out his mission of raising, guarding and preparing Christ quietly, courageously and faithfully. For that faithful work, St. Joseph was rewarded — not with seeing the fruits of his labor in this life, but with the incomparable prize of glory in heaven.

Join our Knights of Columbus at St. Joseph Pewamo

The St. Joseph icon will be available for veneration from **March 13-19** in the main church.

Please join us for a dedicated Holy Hour in veneration of this beautiful icon on **March 16, 7:00 pm.**



This beautiful icon is housed at St. Joseph’s Oratory in Montréal, Canada’s preeminent Shrine to St. Joseph, founded by St. André Bessette. The original is written (prayerfully painted) by Elizabeth Bergeron, from a drawing by famed iconographer Alexandre Sobolev. In the image, St. Joseph stands with his eyes cast humbly down, but with a determined strength in his face. In his covered arm he bears the Child Jesus, whose own hand is raised, blessing the world. In his right arm, St. Joseph holds a flowering staff, a sign that he was chosen by God. The white lilies of the staff signify his purity and chastity. Taken together, the icon provides a window into the life and mission of this courageous father, a man who was one of us and yet called to a mission of incomparable significance.



L'Osservatore Romano Photo

and yet called to a mission of incomparable significance.