

# Tumbling Class



Tumbling classes will be offered by Courtney Miller and Tara Thelen at the St. Mary Gymnasium. Classes will teach flexibility, physical strength and basic skills (ex. handstand, cartwheel, round off, walk-over's, back handspring, back tuck, ariel and tumbling series).

**Classes meet on Tuesdays the weeks of 1/25, 2/1, 2/8, 2/15, 2/22, 3/1, 3/8**

*Inclement weather make up dates 3/15, 3/22 if needed*

## **Tuesday Classes:**

Beginnergarten – 1<sup>st</sup>: 3:15p.m.-4:15p.m.

Grades 2<sup>nd</sup>-6<sup>th</sup>: 4:15p.m.-5:15p.m.

*\*If you have more than one child enrolled and would like them to be in the same class, please make this request*

*\*Students may report to the gym immediately after school for class*

**Cost is \$50 for enrollment**

## **CLASS SIZE LIMITED**

Please fill out the form below and return it with payment of \$50 (checks payable to Courtney Miller) by January 18, 2022:

Courtney Miller  
PO Box 196  
Westphalia, MI 48894

Student Name \_\_\_\_\_ School \_\_\_\_\_

Grade \_\_\_\_\_ Address \_\_\_\_\_

Contact number: \_\_\_\_\_ Parent E-mail: \_\_\_\_\_

Emergency contact number \_\_\_\_\_

Please check class time  3:15-4:15  4:15-5:15

The undersigned agrees that he/she will indemnify and hold free and harmless the Most Rev. Earl Boyea, the Roman Catholic Diocese of Lansing and St. Mary Parish, Westphalia, Michigan from any and all claims or actions for personal injury, sickness or disease, including personal injury, if caused by the undersigned's acts or omissions, and the undersigned will pay any and all judgment decrees, costs, including attorney fees, which may be rendered against the Most Rev. Earl Boyea, the Roman Catholic Diocese of Lansing and St. Mary Parish, Westphalia, Michigan, its directors, officers, agents and employees in any and all such actions or proceedings.

Parent or guardian signature indicating permission for child to participate

X \_\_\_\_\_

*If you have further questions about the program, please contact Courtney Miller (517) 712-3942*