

Advent Activities for Families

- ✦ Make and deliver treats to neighbors
- ✦ Give Jesus a birthday gift by giving a gift to someone in need
- ✦ Donate a bag of food to the local food pantry
- ✦ Pray for good things for someone who has been unkind to you
- ✦ Visit an elderly friend or relative who doesn't get many visitors
- ✦ Make a handmade gift for someone
- ✦ Learn to say Merry Christmas in a few languages
- ✦ Create a family music playlist of Advent (not Christmas) songs
- ✦ Volunteer your time at church, school or a local organization
- ✦ Surprise someone by doing a task or chore they normally do
- ✦ Genuinely compliment someone who isn't expecting it
- ✦ Do something to help the Earth.
- ✦ Attend an Advent program or living Nativity
- ✦ Go Christmas Caroling
- ✦ Read one of the Gospel stories of Jesus' birth
- ✦ Have a family night at home playing games and sharing in your faith
- ✦ Watch an Advent or Christmas video from formed.org
- ✦ Use an Advent Wreath and/or Jesse Tree throughout the season
- ✦ Surprise a neighbor by shoveling their snow or doing other yard work for them
- ✦ Write a note to someone who has had a positive impact on your life
- ✦ Make cookies or other homemade treats as a family
- ✦ Read a book about Christmas and/or Advent
- ✦ Pray as a family each day
- ✦ Pick up a daily reflection book from church and pray it as a family

Make a creative project that helps you reflect on the true meaning of Christmas

